**GRAND PRIX EXPRESS**

**NORTH WALES CROSS COUNTRY LEAGUE**

**(supported by Welsh Athletics Ltd.)**

**At St David’s College, Llandudno Saturday, October 17th 2015**

**SENIOR MEN**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | I Hughes | U20 | Menai | 32m | 48s |
| 2 | J Spill | U20 | Eryri | 34m | 18s |
| 3 | L Renton |  | Bangor U |  | 29s |
| 4 | O Blake |  | Oswestry |  | 50s |
| 5 | S Skates |  | Prestatyn | 35m | 00s |
| 6 | P Butler |  | Oswestry |  | 11s |
| 7 | G Morris |  | Shrewsbury |  | 21s |
| 8 | J Ford | M45 | N.W.R.R.C. |  | 38s |
| 9 | R Roberts |  | Cybi |  | 49s |
| 10 | S Sussex | U20 | Wrexham | 36m | 08s |
| 11 | M Green | M40 | N.W.R.R.C. |  | 14s |
| 12 | D Owen |  | Eryri |  | 18s |
| 13 | A Roberts |  | Shrewsbury |  | 22s |
| 14 | J Brown | M40 | Buckley |  | 30s |
| 15 | S Hall |  | Shrewsbury |  | 32s |
| 16 | M Betts |  | Shrewsbury |  | 33s |
| 17 | J Hickinbottom |  | Shrewsbury |  | 34s |
| 18 | L Butler |  | Shrewsbury |  | 35s |
| 19 | D Wika von Czarnowsvi |  | Wrexham |  | 51s |
| 20 | J Davies |  | Telford |  | 58s |
| 21 | P Taylor | M40 | Tattenhall | 37m | 06s |
| 22 | R Nash |  | Telford |  | 11s |
| 23 | T Roberts |  | Meirionnydd |  | 37s |
| 24 | G Dodd |  | Whitchurch |  | 40s |
| 25 | T Gears |  | Oswestry |  | 52s |
| 26 | G Blackwell | M45 | Deeside |  | 55s |
| 27 | S Haggar |  | Bangor U | 38m | 00s |
| 28 | G Jones | M55 | Shrewsbury |  | 10s |
| 29 | T Tansley | M40 | Oswestry |  | 13s |
| 30 | S Edwards | M40 | Buckley |  | 18s |
| 31 | I Lowe | M40 | Oswestry |  | 23s |
| 32 | S Williams |  | Menai |  | 27s |
| 33 | P Stinton | M40 | Buckley |  | 29s |
| 34 | R Jones | M55 | Shrewsbury |  | 35s |
| 35 | I Rowlands | M45 | Cybi |  | 52s |
| 36 | S Anetts |  | Bangor U |  | 57s |
| 37 | M Blackwell | U20 | Deeside |  | 59s |
| 38 | R Mahoney |  | Buckley | 39m | 02s |
| 39 | J Garmson | M50 | Telford |  | 04s |
| 40 | S Eardley | M40 | C Bay |  | 06s |
| 41 | G Nicholls | M45 | Prestatyn |  | 11s |
| 42 | C Jones | M40 | Eryri | 39m | 17s |
| 43 | A Bromley |  | Deeside |  | 18s |
| 44 | S P Jones | M60 | Eryri |  | 24s |
| 45 | G Hughes | M45 | Gog |  | 25s |
| 46 | A Clague | M45 | W Cheshire |  | 27s |
| 47 | V Belshaw | M55 | Denbigh |  | 30s |
| 48 | O Eady |  | Bangor U |  | 42s |
| 49 | M Mason |  | Bangor U |  | 44s |
| 50 | I Evans |  | N.W.R.R.C. |  | 46s |
| 51 | R Sharam | M40 | Whitchurch | 40m | 01s |
| 52 | A Dean | M40 | Shrewsbury |  | 10s |
| 53 | J Randell | M50 | Meirionnydd |  | 11s |
| 54 | M Robbins | M50 | Wrexham |  | 23s |
| 55 | W Sheridan |  | Deeside |  | 30s |
| 56 | S Waters |  | Shrewsbury |  | 31s |
| 57 | R Owen |  | Cybi |  | 35s |
| 58 | R Watson |  | C Bay |  | 40s |
| 59 | A Yapp | M50 | Shrewsbury |  | 42s |
| 60 | M Guilder |  | Shrewsbury |  | 50s |
| 61 | A Campbell | M40 | Tri Club |  | 52s |
| 62 | M Hall |  | Shrewsbury |  | 52s |
| 63 | R Godwin | M45 | C Bay |  | 55s |
| 64 | P Savill | M60 | Shrewsbury |  | 56s |
| 65 | M Jones | M40 | C Bay | 41m | 00s |
| 66 | J Davies |  | Wrexham |  | 04s |
| 67 | G Best | M40 | Gog |  | 12s |
| 68 | A Edwards |  | Cybi |  | 17s |
| 69 | E Davies | M45 | Buckley |  | 22s |
| 70 | M Williams | M45 | Deestriders |  | 23s |
| 71 | H Jones | M50 | Shrewsbury |  | 27s |
| 72 | M Lucas |  | Whitchurch |  | 32s |
| 73 | J Roberts |  | C Bay |  | 33s |
| 74 | J Salt |  | Abergele |  | 43s |
| 75 | D Baugh | M55 | Denbigh |  | 45s |
| 76 | G Bailey |  | Prestatyn |  | 50s |
| 77 | M Austin | M40 | Buckley |  | 53s |
| 78 | R Aldues | M40 | Tri Club |  | 58s |
| 79 | O Conry | M45 | Denbigh | 42m | 05s |
| 80 | J Lambert | M40 | Oswestry |  | 07s |
| 81 | R Francis | M40 | Meirionnydd |  | 26s |
| 82 | A Williams | U20 | Wrexham |  | 36s |
| 83 | S Roberts | M60 | Oswestry |  | 41s |
| 84 | T Cahill | M50 | Abergele |  | 50s |
| 85 | I Mulligan | M45 | C Bay |  | 54s |
| 86 | A Yates | M50 | Meirionnydd | 43m | 02s |
| 87 | D Griffith | M40 | Gog |  | 08s |
| 88 | A Ryder | U20 | Prestatyn |  | 12s |
| 89 | S McCormack | M50 | Abergele |  | 14s |
| 90 | E Evans | M45 | Gog |  | 23s |
| 91 | J Hayes |  | Telford |  | 32s |
| 92 | E Hughes |  | Meirionnydd | 43m | 35s |
| 93 | I Taylor | M45 | C Bay |  | 44s |
| 94 | A Lewis | M55 | Eryri |  | 54s |
| 95 | G Nixon | M60 | Prestatyn |  | 58s |
| 96 | J Hooton | M40 | Cybi | 44m | 03s |
| 97 | M Jones | M45 | Buckley |  | 05 |
| 98 | R Armstrong |  | Abergele |  | 07s |
| 99 | D Jones | M55 | Denbigh |  | 12s |
| 100 | M Toraldo |  | Denbigh |  | 15s |
| 101 | A Smith | M55 | Buckley |  | 17s |
| 102 | I Bayiss | M50 | Buckley |  | 23s |
| 103 | T Hargreaves | M45 | Buckley |  | 27s |
| 104 | M Smith |  | Prestatyn |  | 31s |
| 105 | B Harrison | U20 | Prestatyn |  | 31s |
| 106 | D Walsh | M40 | Oswestry |  | 45s |
| 107 | N Holmes | M55 | Tattenhall |  | 51s |
| 108 | F Jones | M60 | Denbigh |  | 53s |
| 109 | P Sanders |  | Gog | 45m | 01s |
| 110 | T Benton | M50 | Denbigh |  | 07s |
| 111 | P Ballinger | M55 | Denbigh |  | 17s |
| 112 | M Williams | M40 | Tri Club |  | 28s |
| 113 | C Eddington | M55 | Meirionnydd |  | 32s |
| 114 | R Collins | M45 | Oswestry |  | 37s |
| 115 | P Carter |  | Bangor U |  | 54s |
| 116 | P Hooson | M50 | Gog | 46m | 05s |
| 117 | J Jones | M55 | Abergele |  | 13s |
| 118 | N Cook |  | Prestatyn |  | 43s |
| 119 | P Sussex | M50 | Wrexham |  | 44s |
| 120 | P English | M60 | Denbigh |  | 47s |
| 121 | W Brown | M40 | Abergele |  | 49s |
| 122 | A Hughes | M45 | Meirionnydd |  | 58s |
| 123 | K Morris | M40 | Telford | 47m | 20s |
| 124 | D Davies |  | Denbigh |  | 22s |
| 125 | P Rooney | M50 | Deestriders |  | 29s |
| 126 | J Morgan | M60 | Whitchurch |  | 31s |
| 127 | S Blain |  | Gog |  | 39s |
| 128 | P Walker | M65 | Wrexham | 48m | 01s |
| 129 | C Eldred | M50 | Tattenhall |  | 09s |
| 130 | R House-Goodwin |  | C Bay |  | 09s |
| 131 | C Baldwin | M60 | Denbigh |  | 19s |
| 132 | D Batterby | M45 | Abergele |  | 23s |
| 133 | S Bellis | M60 | Buckley |  | 39s |
| 134 | N Lewis-Jones | M45 | Eryri |  | 45s |
| 135 | G Bicknell | M40 | C Bay |  | 54s |
| 136 | D Wooten | M50 | Buckley |  | 56s |
| 137 | A White | M65 | Oswestry | 49m | 03s |
| 138 | J Griffith | U20 | Gog |  | 08s |
| 139 | R Cheetham | M50 | Prestatyn |  | 14s |
| 140 | K Williams | M55 | Meirionnydd |  | 25s |
| 141 | N Alford | M55 | Bridgnorth |  | 29s |
| 142 | P Evans | M45 | Wrexham | 49m | 48s |
| 143 | C Galeotti | M40 | Gog |  | 57s |
| 144 | J G Evans | M65 | Aberystwyth | 50m | 03s |
| 145 | W Roberts | M40 | Prestatyn |  | 13s |
| 146 | N Williams | M65 | Wrexham |  | 22s |
| 147 | M Whiteside | M65 | Tattenhall |  | 37s |
| 148 | S McCormack |  | Abergele | 51m | 03s |
| 149 | T Charmley | M50 | Tattenhall |  | 20s |
| 150 | C Hunt | M60 | Tri Club |  | 29s |
| 151 | M Whitehead | M50 | Telford |  | 41s |
| 152 | A Edwards | M55 | Cybi |  | 53s |
| 153 | J Breen |  | Telford |  | 56s |
| 154 | R Smith | M45 | Gog | 52m | 29s |
| 155 | D Roderick | M65 | Deeside |  | 52s |
| 156 | M Jones | M50 | Gog | 53m | 45s |
| 157 | J Whitehead | M45 | Denbigh |  | 50s |
| 158 | M Blake | M65 | Eryri | 54m | 33s |
| 159 | J Rainbow | M40 | Whitchurch | 57m | 24s |
| 160 | D Owen | M65 | Prestatyn |  | 37s |
| 161 | M D Jones | M40 | Denbigh | 58m | 18s |
| 162 | D Owen | M60 | Shrewsbury |  | 52s |
| 163 | K Martin | M45 | Prestatyn | 62m | 32s |
| 164 | R Mackey | M65 | Buckley | 67m | 15s |
| 165 | R Thomas |  | Meirionnydd | 73m | 52s |

**TEAMS**

**DIVISION ONE**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | Shrewsbury AAC 830 | 86 | Pts | (280 | Pts) |
| 2 | Oswestry Olympians AAC | 175 | Pts | (473 | Pts) |
| 3 | Buckley RC | 261 | Pts | (535 | Pts) |
| 4 | Bangor University AAC  | 278 | Pts | (448 | Pts) |
| 5 | Eryri Harriers | 328 | Pts | (391 | Pts) |
| 6 | Meirionnydd RC  | 448 | Pts | (802 | Pts) |
| 7 | Deeside AAC  | 491 | Pts | (830 | Pts) |
| 8 | Tattenhall Runners  | 728 | Pts | (1424 | Pts) |

**DIVISION TWO**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | Wrexham AAC  | 350 | Pts | (974 | Pts) |
| 2 | Colwyn Bay AAC | 384 | Pts | (822 | Pts) |
| 3 | Prestatyn RC  | 409 | Pts | (812 | Pts) |
| 4 | Cybi Striders | 417 | Pts | (970 | Pts) |
| 5 | Telford AAC | 446 | Pts | (833 | Pts) |
| 6 | Denbigh Harriers  | 508 | Pts | (1034 | Pts) |
| 7 | Gog Tri Club | 514 | Pts | (919 | Pts) |
| 8 | Abergele Harriers | 583 | Pts | (1379 | Pts) |
| 9 | North Wales R.R. Club  | 594 | Pts | (1130 | Pts) |
| 10 | Whitchurch Whippets  | 608 | Pts | (1116 | Pts) |
| 11 | Menai T+F | 733 | Pts | (1369 | Pts) |
| 12 | Wrecsam Tri Club | 751 | Pts | (1529 | Pts) |
| 13 | Deestriders AAC  | 895 | Pts | (1725 | Pts) |
| 14 | West Cheshire AAC  | 921 | Pts | (1588 | Pts) |
| 15 | Bridgnorth AAC | 1016 | Pts | (1895 | Pts) |
| 16 | Aberystwyth AAC | 1019 | Pts | (1901 | Pts) |

**MALE MASTERS TEAMS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | Buckley RC  | 21 | Pts | (46 | Pts) |
| 2 | Shrewsbury AAC  | 39 | Pts | (82 | Pts) |
| 3 | Oswestry Olympians AAC | 54 | Pts | (98 | Pts) |
| 4 | Colwyn Bay AAC | 70 | Pts | (171 | Pts) |
| 5 | Eryri Harriers  | 81 | Pts | (188 | Pts) |
| 6 | Denbigh Harriers  | 91 | Pts | (196 | Pts) |
| 7 | Gog Tri Club | 92 | Pts | (214 | Pts) |
| 8 | Meirionnydd RC | 105 | Pts | (210 | Pts) |
| 9 | Wrecsam Tri Club | 123 | Pts |  |  |
| 10 | Tattenhall Runners  | 135 | Pts |  |  |
| 11 | Prestatyn RC  | 149 | Pts | (288 | Pts) |
| 12 | Abergele Harriers | 151 | Pts |  |  |
| 13 | Cybi Striders | 156 | Pts | (306 | Pts) |
| 14 | Wrexham AAC | 163 | Pts | (330 | Pts) |
| 15 | Telford AAC | 176 | Pts | (347 | Pts) |
| 16 | Whitchurch Whippets | 193 | Pts | (292 | Pts) |

**MALE OVER 70**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | D Williams | M70 | Eryri | 26m | 39s |
| 2 | A Egan | M70 | Wrexham | 27m | 22s |
| 3 | A Oliver | M70 | Eryri | 28m | 34s |
| 4 | R D Frost | M70 | Wrexham | 29m | 25s |
| 5 | R Harrison-Jones | M75 | Prestatyn | 30m | 23s |
| 6 | D Hughes | M75 | Prestatyn |  | 34s |
| 7 | M H Edwards | M70 | Wrexham | 34m | 16s |
| 8 | A Hodgkiss | M70 | Telford | 36m | 30s |
| 9 | R Billington | M80 | Wrexham | 40m | 48s |
| 10 | J Tipping | M75 | Wrexham | 41m | 03s |
| 11 | M Ward | M80 | Oswestry | 43m | 07s |
| 12 | B Forster | M80 | Wrexham |  | 42s |

 TEAMS

|  |  |  |  |
| --- | --- | --- | --- |
| 1 | Wrexham AAC | 13 | Pts |

**UNDER 17 MEN**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1 | O Barbaresi | Menai | 17m | 27s |
| 2 | C Smith | Wrexham | 18m | 22s |
| 3 | T Evans | Wrexham |  | 37s |
| 4 | R Cain | Menai |  | 45s |
| 5 | S Holt | C. Bay | 19m | 11s |
| 6 | M Parry | C. Bay |  | 32s |
| 7 | I James | C. Bay | 20m | 24s |
| 8 | L Henry | Deeside |  | 27s |
| 9 | S Williams | Eryri |  | 59s |
| 10 | J Waite | Deeside | 21m | 52s |
| 11 | K Robinson | C. Bay | 27m | 36s |

**TEAMS**

|  |  |  |  |
| --- | --- | --- | --- |
| 1 | Colwyn Bay AAC | 18 | Pts |

**SENIOR LADIES**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | C Hughes  | U17 | Menai  | 19m | 09s |
| 2 | A Lavender |  | Oswestry |  | 36s |
| 3 | R Roxburgh | W40 | Gog | 21m | 23s |
| 4 | E Roberts | U17 | Menai |  | 48s |
| 5 | A Robinson |  | Tattenhall |  | 51s |
| 6 | C Jones | W35 | Oswestry |  | 55s |
| 7 | G Jones |  | B. Dysynni | 22m | 03s |
| 8 | R Pierce |  | Denbigh |  | 03s |
| 9 | G Brown |  | N.W.R.R.C. |  | 07s |
| 10 | M Owen | U17 | Deeside |  | 15s |
| 11 | B Law |  | Eryri |  | 50s |
| 12 | A McQueen | U17 | Eryri |  | 58s |
| 13 | H Evans | W35 | Buckley |  | 59s |
| 14 | J Gears | W40 | Oswestry | 23m | 04s |
| 15 | L Morley | W40 | Wrexham |  | 16s |
| 16 | R Kamink | U17 | C. Bay |  | 27s |
| 17 | C Belshaw |  | Denbigh |  | 28s |
| 18 | T Lewis-Jones | W45 | Eryri |  | 29s |
| 19 | A Mὕller |  | W.Cheshire |  | 33s |
| 20 | E Collins | W50 | Denbigh |  | 35s |
| 21 | L Duddleston | W35 | Whitchurch |  | 39s |
| 22 | H Blair | W45 | Eryri |  | 48s |
| 23 | T Williams | W50 | Denbigh |  | 54s |
| 24 | M Owen |  | Cybi |  | 55s |
| 25 | V Whitehead | W40 | Denbigh | 24m | 10s |
| 26 | A Aldous |  | Gog |  | 12s |
| 27 | A Williams | W55 | Eryri |  | 13s |
| 28 | J Richards | W50 | Abergele |  | 22s |
| 29 | H MacArthur | W45 | Gog |  | 27s |
| 30 | L Williams | W40 | Oswestry |  | 42s |
| 31 | E Salisbury  | W50 | Eryri | 25m | 03s |
| 32 | C Howell-Williams | U17 | Menai |  | 0s |
| 33 | L Gardner |  | Bangor U |  | 08s |
| 34 | Y Hill | W50 | Oswestry |  | 12s |
| 35 | L Griffith | W45 | Gog |  | 16s |
| 36 | E Sandham |  | Gog |  | 17s |
| 37 | K Baugh |  | Denbigh |  | 27s |
| 38 | C McShane | U20 | Prestatyn |  | 29s |
| 39 | H Ashworth |  | Prestatyn |  | 37s |
| 40 | S Gallacher |  | Gog |  | 40s |
| 41 | S Hancock | W55 | Oswestry |  | 48s |
| 42 | V Ronald | W45 | C. Bay |  | 53s |
| 43 | C Birch | W65 | Abergele |  | 53s |
| 44 | M Ludden | W50 | Buckley | 26m | 03s |
| 45 | G Waring | W55 | Prestatyn |  | 06s |
| 46 | F Higgins | W45 | Buckley |  | 17s |
| 47 | A Tickner | W45 | Oswestry |  | 18s |
| 48 | C Willgoose | W55 | Abergele |  | 29s |
| 49 | K Evans | W40 | Denbigh |  | 31s |
| 50 | A Whitelaw | W55 | Wrexham |  | 40s |
| 51 | J Lindley | W45 | Buckley |  | 41s |
| 52 | R Foster | W45 | Whitchurch |  | 49s |
| 53 | E H Jones |  | Cybi |  | 55s |
| 54 | O Harborne |  | Denbigh |  | 59s |
| 55 | M Robinson | U20 | Bangor U |  | 59s |
| 56 | A McClean | W40 | Wrexham | 27m | 10s |
| 57 | L Bartlett-Short |  | Bangor U |  | 21s |
| 58 | S Rodgers | W55 | Prestatyn |  | 37s |
| 59 | S Norris | W35 | Tattenhall |  | 41s |
| 60 | A Donnelly | W45 | Eryri | 28m | 10s |
| 61 | J Edwards | W40 | Prestatyn |  | 16s |
| 62 | S Greaves | W55 | Oswestry |  | 23s |
| 63 | B Ward | W60 | Oswestry |  | 32s |
| 64 | B Robert |  | Eryri |  | 33s |
| 65 | D Richards | W55 | Prestatyn |  | 37s |
| 66 | M Docking | W65 | Wrexham |  | 40s |
| 67 | K Hayes | W35 | W.Cheshire |  | 49s |
| 68 | P Stevens | W45 | Gog | 29m | 01s |
| 69 | L Park | W40 | Oswestry |  | 05s |
| 70 | M Baugh | W55 | Denbigh |  | 06s |
| 71 | M Oliver | W65 | Eryri |  | 10s |
| 72 | A Hughes | W45 | Gog |  | 43s |
| 73 | L Turner | W35 | Whitchurch | 30m | 23s |
| 74 | S Cheueaux | W50 | Gog |  | 44s |
| 75 | S Ridings | W5 | Buckley |  | 52s |
| 76 | S Penlington | W40 | Prestatyn | 31m | 00s |
| 77 | A Garner |  | Buckley |  | 01s |
| 78 | B Jones | W70 | B. Dysynni |  | 04s |
| 79 | Amy Reid |  | Prestatyn |  | 09s |
| 80 | A Reid | W40 | Prestatyn |  | 12s |
| 81 | T Price | W35 | Gog | 31m | 20s |
| 82 | D Jones | W40 | Abergele | 32m | 03s |
| 83 | D Marshall | W35 | Denbigh |  | 26s |
| 84 | M Wymer | W45 | Cybi |  | 29s |
| 85 | C Manley | W40 | Prestatyn |  | 31s |
| 86 | L Martin | W35 | Prestatyn |  | 36s |
| 87 | E Jones | W45 | Gog | 33m | 05s |
| 88 | Y Marconi-Nolan | W65 | B. Dysynni | 34m | 16s |
| 89 | M Singleton | W75 | C. Bay | 34m | 34s |
| 90 | S Richards | W60 | Shrewsbury | 43m | 07s |
| 91 | M Griffiths  | W70 | B Dysynni  | 43m | 22s |
| 92 | A Byrne | W60 | Shrewsbury | 43m | 42s |

**TEAMS**

**DIVISION ONE**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | Oswestry Olympians AAC  | 52 | Pts | (165 | Pts) |
| 2 | Eryri Harriers | 63 | Pts | (93 | Pts) |
| 3 | Denbigh Harriers | 68 | Pts | (129 | Pts) |
| 4 | Menai T+F | 137 | Pts | (317 | Pts) |
| 5 | Buckley RC | 154 | Pts | (285 | Pts) |
| 6 | Wrexham AAC  | 187 | Pts | (341 | Pts) |
| 7 | Colwyn Bay AAC  | 247 | Pts | (427 | Pts) |

**DIVISION TWO**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | Gog Tri Club | 58 | Pts | (108 | Pts) |
| 2 | Abergele Harriers  | 119 | Pts | (328 | Pts) |
| 3 | Prestatyn RC  | 122 | Pts | (224 | Pts) |
| 4 | Bangor University AAC  | 145 | Pts | (379 | Pts) |
| 5 | Whitchurch Whippets  | 146 | Pts | (446 | Pts) |
| 6 | Cybi Striders  | 161 | Pts | (265 | Pts) |
| 7 | Tattenhall Runners | 164 | Pts | (435 | Pts) |
| 8 | Bro Dysynni AAC  | 173 | Pts | (430 | Pts) |
| 9 | West Cheshire AAC | 186 | Pts | (404 | Pts) |
| 10 | North Wales R.R.Club | 209 | Pts | (417 | Pts) |
| 11 | Deeside AAC | 210 | Pts | (414 | Pts) |
| 12 | Shrewsbury AAC  | 282 | Pts | (551 | Pts) |

**WOMEN MASTERS TEAMS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | Oswestry Olympians AAC | 21 | Pts | (61 | Pts) |
| 2 | Eryri Harriers | 27 | Pts | (37 | Pts) |
| 3 | Denbigh Harriers | 28 | Pts | (58 | Pts) |
| 4 | Gog Tri Club | 33 | Pts | (61 | Pts) |
| 5 | Buckley RC | 49 | Pts | (94 | Pts) |
| 6 | Abergele Harriers | 60 | Pts |  |  |
| 7 | Wrexham AAC  | 64 | Pts | (113 | Pts) |
| 8 | Whitchurch Whippets | 84 | Pts |  |  |
| 9 | Prestatyn RC | 90 | Pts | (177 | Pts) |
| 10 | Bro Dysynni AAC | 171 | Pts |  |  |

Our grateful thanks to Russell Godwin and all his helpers at Colwyn Bay AAC for organising an excellent cross country afternoon at the winter’s second meeting. Another dry day and a great turnout with a slight increase compared to the opening fixture, and proof that the League remains as popular as ever.

The third gathering will be hosted by Deeside AAC at a new venue – Mold Alun High School on Wrexham Road, CH7 1EP, on Saturday November 28th, 2015.

25 clubs have taken part in both our opening two gatherings which is very encouraging. BUT I have better news because they have all paid their £50 affiliation fees. THANKS to everyone for their support.