**PYRAMID CONSULTING**

**NORTH WALES JUNIOR CROSS COUNTRY LEAGUE**

At Treborth Track, Bangor Saturday 23rd October 2021

FINAL RESULTS 24/10/21

**Under 15 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Jacob | Welsh | Deeside AC | 13-53 |
| 2 | Finlay | Cullen | Maldwyn | 14-00 |
| 3 | Ben | Sergeant | Eryri Harriers | 14-19 |
| 4 | William | Bailey | Menai T&F | 14-32 |
| 5 | Jake | Rowland | Menai T&F | 16-18 |
| 6 | Harvey | Meyers | Colwyn Bay | 16-46 |
| 7 | Morgan | Flavell | Colwyn Bay | 16-47 |
| 8 | Hayden | Meyers | Colwyn Bay | 16-47 |
| 9 | Iestyn | Evans | Colwyn Bay | 16-58 |
| 10 | Oliver | Hewson | Colwyn Bay | 17-15 |
| 11 | Joel | Gomes | Wrexham AC | 17-24 |
| 12 | Arthur | Jones | Denbigh Harriers | 17-26 |
| 13 | Ted | Conry | Denbigh Harriers | 18-02 |
| 14 | Ben | Hodgkinson | Myddleton College | 18-31 |
| 15 | Sahil | Pasha | Denbigh Harriers | 19-53 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Club** (4 to count) | **Race 1****Points** | **Total Race Points** | **Race 1****Position** |
| Colwyn Bay | 6/7/8/9 | **30** | **1** |

**Under 15 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Beca Haf | Bown | Menai T&F | 9-30 |
| 2 | Cara | Scott | Menai T&F | 9-41 |
| 3 | Josie | Hurst | Deeside AC | 9-52 |
| 4 | Isabelle | Shaw | Menai T&F | 10-13 |
| 5 | Ella | Davis | Wrexham AC | 10-13 |
| 6 | Abbie | Doherty | Deeside AC | 10-28 |
| 7 | Deri | Hockley | Eryri Harriers | 10-48 |
| 8 | Ella | Jones | Deeside AC | 10-54 |
| 9 | Sophie | Woosey | Deeside AC | 11-11 |
| 10 | Tulula | Seguin | Menai T&F | 11-12 |
| 11 | Lucy | Parsley | Colwyn Bay | 11-15 |
| 12 | Esme La-Trobe | Roberts | Menai T&F | 11-26 |
| 13 | Lily | Jones | Deeside AC | 11-32 |
| 14 | Evie | Wats | Deeside AC | 11-35 |
| 15 | Ela F | Jones | Menai T&F | 11-48 |
| 16 | Cadi | Edwards | Menai T&F | 11-59 |
| 17 | Cadi | French | Eryri Harriers | 12-12 |
| 18 | Bethan | Billington | Menai T&F | 12-14 |
| 1\*\* | ?? | ?? | ?? | 13-59 |
| 209 | Cadi | Wynn | Eryri Harriers | 14-02 |
| 21 | Ffion | Williams | Myddleton College | 15-38 |

**\*\* No disc returned so could be male or female**

|  |  |  |  |
| --- | --- | --- | --- |
| **Club** (4 to count) | **Race 1****Points** | **Total Race Points** | **Race 1****Position** |
| Menai T&F | 1/2/4/10 | **17** | **1** |
| Deeside AC | 3/6/8/9 | **26** | **2** |

**Under 13 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Alfie | Evans | Deeside AC | 9-48 |
| 2 | Elis | Martin | Deeside AC | 10-02 |
| 3 | Oliver | Welsh | Deeside AC | 10-15 |
| 4 | E wan | Leonard | Colwyn Bay | 10-23 |
| 5 | Isaac | Walker | Deeside | 10-53 |
| 6 | Cole | Randles | Deeside AC | 10-56 |
| 7 | Zak | Kevan | Deeside AC | 10-57 |
| 8 | Tyler | Hazeldine | Menai T&F | 11-04 |
| 9 | Jai | Chauhan | Eryri Harriers | 11-17 |
| 10 | Llyr | Elwyn | Menai T&F | 11-17 |
| 11 | Henry | Farr | Maldwyn | 11-49 |
| 12 | Dyfan | Roberts | Deeside AC | 12-05 |
| 13 | Seth | Owen | Menai T&F | 12-15 |
| 14 | Owain | Williams | Menai T&F | 13-23 |
| 15 | ?? | ?? | ?? | 13-59 |
| 16\* | Dylan | Billington | Menai T&F | 14-05 |
| 17 | Ben | Peters | Wrexham AC | 14-26 |
| 18 | Eshaan | Dasha | Denbigh Harriers | 15-42 |
| 19 | Cian | Hadwin-Bennett | Denbigh Harriers | ?? |

**\* No disc returned so could be male or female**

|  |  |  |  |
| --- | --- | --- | --- |
| **Club** (4 to count) | **Race 1****Points** | **Total Race Points** | **Race 1****Position** |
| Deeside AC | 1/2/4/5 | **12** | **1** |
| Menai T&F | 8/10/13/14 | **45** | **2** |

**Under 13 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Maddie | Hughes | Maldwyn | 7-30 |
| 2 | Orla | Kissane | Deeside AC | 7-31 |
| 3 | Millie | Harrison | Deeside AC | 7-49 |
| 4 | Heather | Watson | Deeside AC | 7-50 |
| 5 | Niamh | Makin | Deeside AC | 7-51 |
| 6 | Pola | Golaski | Menai T&F | 8-03 |
| 7 | Rosie | Parsley | Colwyn Bay | 8-09 |
| 8 | Rose | Hayes | Deeside AC | 8-13 |
| 9 | Daisy | Doodson | Menai T&F | 8-22 |
| 10 | Eva | McKenzie | Cadence Tri Club | 8-24 |
| 11 | Amelia | Harding | Deeside AC | 8-34 |
| 12 | Sorrell | Blount | Prestatyn | 8-35 |
| 13 | Lydia | Hughes | Colwyn Bay | 8-45 |
| 14 | Hannah | Brotheridge | Eryri Harriers | 8-46 |
| 15 | Alice | Joyce | Maldwyn | 8-49 |
| 16 | Olwen | Baines | Eryri Harriers | 8-51 |
| 17 | Sophie | Forgave | Wrexham AC | 9-04 |
| 18 | Evie | Marriot | Colwyn Bay | 9-13 |
| 19 | Evie | Hughes | Wrexham AC | 9-18 |
| 20 | Rosie | Harding | Deeside AC | 9-35 |
| 21 | Annabelle | Jones | Wrexham AC | 10-05 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Club** (4 to count) | **Race 1****Points** | **Total Race Points** | **Race 1****Position** |
| Deeside AC | 2/3/4/5 | **14** | **1** |

**Under 11 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Harrison | Leonard | Colwyn Bay | 8-00 |
| 2 | Henry | Jones | Denbigh Harriers | 8-02 |
| 3 | Finley | Potter | Cadence Tri Club | 8-04 |
| 4 | Dewi | Williams | Menai T&F | 8-14 |
| 5 | Finley | Shiland | Colwyn Bay | 8-15 |
| 6 | Elliot | Row | Deeside AC | 8-16 |
| 7 | Spencer | Jones | Wrexham AC | 8-23 |
| 8 | Isaac | Garcia-Luca | Myddleton College | 8-33 |
| 9 | Tomos | Griffiths | Menai T&F | 8-40 |
| 10 | Perry | Marshland | Menai T&F | 8-43 |
| 11 | Casper | Kissane | Deeside AC | 8-44 |
| 12 | Gwion | Williams | Menai T&F | 8-50 |
| 13 | Macs | Grenier | Menai T&F | 8-54 |
| 14 | Daniel | Purcell | Menai T&F | 9-00 |
| 15 | Caleb | Meyers | Colwyn Bay | 9-03 |
| 16 | Tyler | Thomas | Colwyn Bay | 9-06 |
| 17 | Ynyr | ap Rhys | Eryri Harriers | 9-08 |
| 18 | Iwan | Flavell | Colwyn Bay | 9-10 |
| 19 | Owen | Wilson-Jones | Colwyn Bay | 9-12 |
| 20 | Oliver | Warland | Eryri Harriers | 9-16 |
| 21 | Max | Thomas | Colwyn Bay | 9-23 |
| 22 | Iestyn | Roberts | Deeside AC | 9-26 |
| 23 | Rhys | Jones | Wrexham AC | 9-49 |

|  |  |  |  |
| --- | --- | --- | --- |
| **Club** (4 to count) | **Race 1****Points** | **Total Race Points** | **Race 1****Position** |
| Menai T&F | 4/9/10/12 | **35** | **1** |
| Colwyn Bay | 1/5/15/16 | **37** | **2** |

**Under 11 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Esyllt | Owen | Menai T&F | 6-03 |
| 2 | Tamsin | Seguin | Menai T&F | 6-04 |
| 3 | Katie | Doherty | Deeside AC | 6-29 |
| 4 | Holly | Worth | Menai T&F | 6-50 |
| 5 | Lili | McKenzie | Cadence Tri Club | 7-07 |
| 6 | Bethan | Roberts | Wrexham AC | 7-11 |
| 7 | Della | Matthews | Eryri Harriers | 7-14 |
| 8 | Caitlin | Davis-Arnall | Colwyn Bay | 7-20 |
| 9 | Daisy | Jones | Deeside AC | 7-26 |
| 10 | Alaina | Jones | Cadence Tri Club | 7-28 |
| 11 | Ava | Culver | Colwyn Bay | 7-49 |
| 12 | Amber | Chauhan | Eryri Harriers | 8-03 |
| 13 | Grace | Hughes | Wrexham AC | 8-08 |
| 14 | Tia | Calland | Prestatyn | 8-22 |
| 15 | Ruby | Watts | Cadence Tri Club | 8-24 |

**NO COMPLETE TEAMS**

A big thank you to Helen Blair and Mike Blake and the rest of their Eryri Harrier volunteers who helped put on the first North Wales Junior Cross Country League for two years. There was a good turn out considering the amount of Covid around and there were some fantastic racing on the tough Treborth Course.

I hope you found the new format of athletes just turning up and running and receiving a finishing disc and Team Managers completing a team sheet. There were a couple of teething [problems with 2 discs not returned and one disc returned but without a name!!

The next Junior North Wales Cross Country League will be on Saturday 6th November at Dolerw Park, Newtown SY16 2NZ (Please note access to park is from Back Lane Car Park, which is also the Bus Station. Car Parking charges apply. Access to Park over footbridge at far end of Park. There are no changing facilities but toilets and café facilities are nearby). 10-30am first race.

**Welsh Inter Region/Welsh Inter Schools Cross Country Championships –Brecon 20th November 2021**

Parents/Coaches/Athletes please note that the Welsh Inter Regions and Welsh Inter Schools Cross Country Championship will take place on Saturday the 20th November in Brecon. If you/or your athlete is interested and believe you have the necessary ability to take part in this event, please contact one of the three following people asap:

Bernie Jones - Bernie-jones@sky.com or 07919 043117

John Messum - Johnmessum@hotmail.com or 07977 170080

Crispin Backshall Crispin.backshall@btopenworld.com

Please note due to Covid conditions we will not be putting on a coach to Brecon and parents/coaches/clubs will be required to make their own way to Brecon if they wish to compete.

The first race is at 11-0am and a draft timetable is below:

|  |  |  |
| --- | --- | --- |
| Race | Age Group | Time |
| Race 01 | Primary Girls | 11:00 AM |
| Race 02 | Primary Boys | 11:00 AM |
| Race 03 | Senior Women & Master Women (35, 45, 55) | 12:00 PM |
| Race 04 | U13 Girls (Yr 7 & 8) | 1:15 PM |
| Race 05 | U13 Boys (Yr7 & 8) | 1:30 PM |
| Race 06 | U15 Girls (Yr9 & 10) | 1:50 PM |
| Race 07 | U15 Boys (Yr9 & 10) | 2:10 PM |
| Race 08 | U17 Women (Yr11 & 12) & U20 Women (Yr 13 & 14) | 2:10 PM |
| Race 09 | U17 Men (Yr11 & 12) & U20 Men (Yr 13 & 14) | 2:10 PM |
| Race 10 | Senior Men & Master Men (35, 45, 55) | 2:35 PM |

**Bernie Jones**

**Secretary**