**PYRAMID CONSULTING**

**NORTH WALES JUNIOR CROSS COUNTRY LEAGUE**

At Dolerw Park, Newtown Saturday 6th November 2021

FINAL RESULTS 7/11/21

**Under 15 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Jacob | Welsh | Deeside AC | 13-49 |
| 2 | Miguel | Jenkins | Menai T&F | 13-53 |
| 3 | Finlay | Cullen | Maldwyn | 14-05 |
| 4 | Ben | Sergeant | Eryri Harriers | 14-22 |
| 5 | William | Bailey | Menai T&F | 14-27 |
| 6 | Oliver | Harrison | Deeside AC | 14-27 |
| 7 | Ollie | Teasedale | Eryri Harriers | 15-35 |
| 8 | Morgan | Flavell | Colwyn Bay | 15-42 |
| 9 | Jake | Rowlands | Menai T&F | 15-52 |
| 10 | Harvey | Meyers | Colwyn Bay | 16-05 |
| 11 | Arthur | Jones | Denbigh Harriers | 16-19 |
| 12 | Iestyn | Evans | Colwyn Bay | 16-42 |
| 13 | Oliver | Hewson | Colwyn Bay | 17-50 |
| 14 | Sahil | Pasha | Denbigh Harriers | 18-53 |
| 15 | Hayden | Meyers | Colwyn Bay | 19-13 |
| 16 | Harry | Taylor | Denbigh Harriers | 19-29 |

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| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2****Points** | **Total Race Points** | **Race 2** **Position** | **Overall Points** | **Overall Position** |
| Colwyn Bay | 8/10/12/13 | **43** | **1** | **73** | **1** |

**Under 15 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Beca | Brown | Menai T&F | 11-24 |
| 2 | Cara | Scott | Menai T&F | 11-37 |
| 3 | Abbie | Doherty | Deeside AC | 11-56 |
| 4 | Ella | Davis | Wrexham AC | 12-02 |
| 5 | Isabelle | Shaw | Menai T&F | 12-20 |
| 6 | Izzy | Jones | Maldwyn | 12-53 |
| 7 | Sophie | Woosey | Deeside AC | 13-20 |
| 8 | Xander | Brandon-Higgs | Maldwyn | 13-23 |
| 9 | Ela F | Jones | Menai T&F | 13-36 |
| 10 | Evie | Wats | Deeside AC | 13-54 |
| 11 | Lily | Roberts | Deeside AC | 14-02 |
| 12 | Cadi | French | Eryri Harriers | 14-04 |
| 13 | Emmy | Taylor | Deeside AC | 14-08 |
| 14 | Maisy | Parry | Deeside AC | 14-21 |
| 15 | Esme | La Tobe Roberts | Menai T&F | 14-28 |
| 16 | Cadi | Wynn | Eryri Harriers | 15-57 |
| 17 | Georgia | Gratton | Denbigh Harriers | 16-29 |

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| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2****Points** | **Total Race Points** | **Race 2****Position** | **Overall Points** | **Overall Position** |
| Menai T&F | 1/2/5/9 | **17** | **1** | **34** | **1** |
| Deeside AC | 3/7/10/11 | **31** | **2** | **57** | **2** |

**Under 13 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Elis | Martin | Deeside AC | 11-37 |
| 2 | Alfie | Shiland | Colwyn Bay | 11-47 |
| 3 | Oliver | Welsh | Deeside AC | 11-51 |
| 4 | Toby | Lemon | Deeside AC | 11-54 |
| 5 | Ewan | Leonard | Colwyn Bay | 11-55 |
| 6 | Alfie | Evans | Deeside AC | 12-39 |
| 7 | Zak | Kevan | Deeside AC | 12-44 |
| 8 | Isaac | Walker | Deeside AC | 12-45 |
| 9 | Cole | Randles | Deeside AC | 12-46 |
| 10 | Deri | Hockley | Eryri Harriers | 12-55 |
| 11 | Dyfan | Roberts | Deeside AC | 13-25 |
| 12 | James | Pritchard | Deeside AC | 13-30 |
| 13 | Ryan | Clough | Deeside AC | 13-33 |
| 14 | Llyr | Elwyn | Menai T&F | 13-35 |
| 15 | Ewan | Gallup | Cadence Tri Club | 14-42 |
| 16 | Wil | Ratchford | Eryri Harriers | 14-42 |
| 17 | Ben | Peters | Wrexham AC | 16-27 |
| 18 | Eshaan | Pasha | Denbigh Harriers | 17-58 |

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| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2****Points** | **Total Race Points** | **Race 2** **Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1/3/4/6 | **14** | **1** | **26** | **1** |

**Under 13 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Maddie | Hughes | Maldwyn | 9-05 |
| 2 | Orla | Kissane | Deeside AC | 9-14 |
| 3 | Olivia | Morgan | Maldwyn | 9-18 |
| 4 | Heather | Watson | Deeside AC | 9-21 |
| 5 | Niamh | Makin | Deeside AC | 9-41 |
| 6 | Rose | Hayes | Deeside AC | 10-09 |
| 7 | Chardonnay | Morgan | Maldwyn | 10-23 |
| 8 | Emily | Howson | Colwyn Bay AC | 10-34 |
| 9 | Pola | Golaski | Menai T&F | 10-44 |
| 10 | Hannah | Christophides | Maldwyn | 10-52 |
| 11 | Hannah | Brotheridge | Eryri Harriers | 10-53 |
| 12 | Olwen | Baines | Eryri Harriers | 10-58 |
| 13 | Amelia | Harding | Deeside AC | 11-01 |
| 14 | Sophie | Forgrave | Wrexham AC | 11-03 |
| 15 | Evie | Hughes | Wrexham AC | 11-32 |
| 16 | Rosie | Harding | Deeside AC | 12-01 |
| 17 | Annabelle | Jones | Wrexham AC | 12-46 |
| 18 | Phoebe | Whitehall | Maldwyn | 13-24 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2****Points** | **Total Race Points** | **Race 2****Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 2/3/4/5 | **14** | **1** | **28** | **1** |
| Maldwyn | 1/3/7/11 | **22** | **2** | **N/A** | **N/A** |

**Under 11 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Elliott | Rowe | Deeside AC | 9-33 |
| 2 | Harrison | Leonard | Colwyn Bay AC | 10-11 |
| 3 | Spencer | Jones | Wrexham AC | 10-23 |
| 4 | Finley | Shiland | Colwyn Bay AC | 10-26 |
| 5 | Caleb | Meyers | Colwyn Bay AC | 10-33 |
| 6 | Henry | Jones | Denbigh Harriers | 10-35 |
| 7 | Iestyn | Roberts | Deeside AC | 10-45 |
| 8 | Dewi | Williams | Menai T&F | 10-51 |
| 9 | Sam | Christophides | Maldwyn | 10-56 |
| 10 | Casper | Kissane | Deeside AC | 11-24 |
| 11 | Thomas | Tyler | Colwyn Bay AC | 11-36 |
| 12 | Rhys | Jones | Wrexham AC | 11-45 |
| 13 | William | Lewis | Maldwyn | 12-02 |
| 14 | Jensen | Hodgson-Roberts | Myddleton College | 13-41 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2****Points** | **Total Race Points** | **Race 2****Position** | **Overall Points** | **Overall Position** |
| Colwyn Bay AC | 2/4/5/11 | **22** | **1** | **59** | **1** |

**Under 11 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Katie | Doherty | Deeside AC | 6-26 |
| 2 | Holly | Worth | Menai T&F | 6-42 |
| 3 | Cati Sion | Jones | Ysgol Crud Y Werin | 6-52 |
| 4 | Bethan | Roberts | Wrexham AC | 6-56 |
| 5 | Daisy | Jones | Deeside AC | 7-34 |
| 6 | Nia | Denham | Deeside AC | 8-13 |
| 7 | Grace | Hughes | Wrexham AC | 8-30 |
| 8 | Ruby | Watts | Cadence Tri Club | 8-41 |
| 9 | Martha | Fychan | Maldwyn | 8-46 |
| 10 | Fleur | Randles | Deeside AC | 9-09 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2****Points** | **Total Race Points** | **Race 2** **Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1/5/6/10 | **22** | **1** | **N/A** | **N/A** |

A big thank you to Dave Peters and all of the Maldwyn Harriers team of volunteers who helped put on a great second North Wales Junior Cross Country League. It was fantastic to be back in Newtown as it’s been a long time since the North Wales League, senior or junior came to Newtown. We hope to be back soon.

There was another good turnout with just a little under 100 runners turning up to the superb Dolerw Park course and there were some fantastic racing by the youngsters. Athletes and clubs seem to have got round just turning up and running and receiving a finishing disc and after the few hiccups with Team Sheets at Bangor things were a lot easier at Newtown so thank you.

The next **Junior North Wales Cross Country League** also doubles up as the **North Wales Cross Country** Championships and will take place at Ysgol Morgan Llwyd, Cefn Road, Wrexham LL13 9NG on Saturday 8th January 2022.

PLEASE NOTE THAT THE TIMES FOR THE NORTH WALES CHAMPIONSHIPS ARE DIFFERENT and are as detailed below:

11-00am - Under 11 Girls Approx 1 Mile (1 small Lap)

11-20am - Under 13 Girls/ Approx 1.5 Miles (1 big lap)

 Under 11 Boys

11-40am - Under 15 Girls/ Approx 2 Miles (2 small laps)

 Under 13 Boys

12-15pm - Under 17 Women/ Approx 2.9 Miles (2 big laps)

 Under 15 Boys

1-00pm - Under 20, Senior, Master Women Approx 4 Miles (3 big laps)

 Under 17 Men

 65+ Men

2-00pm - Senior, Master Men Approx 6.5 Miles (4 big laps)

 Under 20 Men Approx 5.25 Miles (3 big laps)

**PLEASE NOTE THAT ALL ATHLETES WILL BE ALLOCATED NUMBERS THAT CAN BE COLLECTED BEFOERE THE RACE.** Those Clubs who have competed in the Junior League there are no entry fees for their athletes. However please let me know if any athletes who have not to date ran in the league are going to do the Championships so that we can allocate a number in advance. All other athletes will have to pay the entry fee (£4 under 15’s; £8 all other athletes).

Bernie Jones

Secretary