**PYRAMID CONSULTING**

**NORTH WALES JUNIOR CROSS COUNTRY LEAGUE**

At Eirias Park, Colwyn Bay Saturday 19th February 2022

FINAL RESULTS 20/02/22

**Under 15 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Finlay | Cullen | Maldwyn | 13-02 |
| 2 | Jacob | Welsh | Deeside AC | 13-02 |
| 3 | Ben | Sergeant | Eryri Harriers | 13-13 |
| 4 | Oliver | Harrison | Deeside AC | 13-35 |
| 5 | Ellis | Jones | Denbigh Harriers | 15-26 |
| 6 | Arthur | Jones | Denbigh Harriers | 15-32 |
| 7 | Morgan | Flavell | Colwyn Bay | 15-35 |
| 8 | Harvey | Meyers | Colwyn Bay | 15-43 |
| 9 | Ted | Conry | Denbigh Harriers | 15-54 |
| 10 | Jake | Rowlands | Menai T&F | 16-13 |
| 11 | Hayden | Meyers | Colwyn Bay | 16-22 |
| 12 | Iestyn | Evans | Colwyn Bay | 16-31 |
| 13 | Rafa | Whitley | Denbigh Harriers | 19-29 |

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| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Colwyn Bay | 7/8/11/12 | **38** | **2** | **111** | **1** |
| Denbigh Harriers | 5/6/9/13 | **33** | **1** | **N/A** | **N/A** |

**Under 15 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Josie | Hurst | Deeside AC | 11-32 |
| 2 | Ella | Davis | Wrexham AC | 11-46 |
| 3 | Abbie | Doherty | Deeside AC | 12-36 |
| 4 | Isabelle | Shaw | Menai T&F | 12-54 |
| 5 | Emmy | Taylor | Deeside AC | 13-28 |
| 6 | Cadi | Edwards | Menai T&F | 13-45 |
| 7 | Lucy | Parslewy | Colwyn Bay | 13-48 |
| 8 | Lily | Roberts | Deeside AC | 14-09 |
| 9 | Evie | Watts | Deeside AC | 14-28 |
| 10 | Cadi | French | Eryri Harriers | 14-34 |
| 11 | Ela | Jones | Menai T&F | 14-47 |
| 12 | Cadi | Wynn | Eryri Harriers | 15-49 |
| 13 | Georgia | Gratton | Denbigh Harriers | 19-09 |

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| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1/3/4/8 | **16** | **1** | **73** | **1** |

**Under 13 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Alfie | Shiland | Colwyn Bay | 11-22 |
| 2 | Elis | Martin | Deeside AC | 11-32 |
| 3 | Alfie | Evans | Deeside AC | 11-43 |
| 4 | Dyfan | Roberts | Deeside AC | 12-31 |
| 5 | Toby | Lemon | Deeside AC | 13-07 |
| 6 | Cole | Randles | Deeside AC | 13-12 |
| 7 | Zak | Kevan | Deeside AC | 13-27 |
| 8 | Isaac | Walker | Deeside AC | 13-42 |
| 9 | Oliver | Welsh | Deeside AC | 14-51 |
| 10 | Arran | White | Denbigh Harriers | 14-54 |
| 11 | Owain | Williams | Menai T&F | 15-02 |
| 12 | Riley  | Jones | Eryri Harriers | 15-14 |
| 13 | Ryan | Clough | Deeside AC | 16-40 |
| 14 | Josh | Jones | Denbigh Harriers | 19-47 |
| 15 | Ewan | Gallup | Cadence Tri Club | 21-26 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 2/3/4/5 | **14** | **1** | **40** | **1** |

**Under 13 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Heather | Watson | Deeside AC | 9-50 |
| 2 | Rosie | Parsley | Colwyn Bay | 9-55 |
| 3 | Orla | Kissane | Deeside AC | 10-02 |
| 4 | Rose | Hayes | Deeside AC | 10-05 |
| 5 | Eva | McKenzie | Cadence Tri Club | 10-12 |
| 6 | Hannah | Brotheridge | Eryri Harriers | 10-41 |
| 7 | Pola | Golaski | Menai T&F | 10-53 |
| 8 | Millie | Harrison | Deeside AC | 11-11 |
| 9 | Olwen | Baines | Eryri Harriers | 11-26 |
| 10 | Flora | Jones | Denbigh Harriers | 11-27 |
| 11 | Evie | Hughes | Wrexham AC | 11-29 |
| 12 | Sophie | Forgrave | Wrexham AC | 11-32 |
| 13 | Amelia | Harding | Deeside AC | 11-42 |
| 14 | Meri | Roche | Denbigh Harriers | 12-23 |
| 15 | Annabelle | Jones | Wrexham AC | 12-34 |
| 16 | Evie | Marriot | Colwyn Bay | 12-37 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1/3/4/8 | **16** | **1** | **44** | **1** |

**Under 11 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Finley | Potter | Cadence Tri Club | 10-04 |
| 2 | Spencer | Jones | Wrexham AC | 10-06 |
| 3 | Finley | Shiland | Colwyn Bay | 10-17 |
| 4 | Elliott | Rowe | Deeside AC | 10-25 |
| 5 | Henry | Jones | Denbigh Harriers | 10-29 |
| 6 | Iwan | Flavell | Colwyn Bay | 10-33 |
| 7 | Finley | Jaggard | Cadence Tri Club | 10-37 |
| 8 | Iestyn | Roberts | Deeside AC | 11-15 |
| 9 | Thomas | Tyler | Colwyn Bay | 11-31 |
| 10 | Casper | Kissane | Deeside AC | 11-33 |
| 11 | Ben | Job | Eryri Harriers | 11-56 |
| 12 | Oliver | Warland | Eryri Harriers | 11-59 |
| 13 | Isaac | Garcia-Lucas | Myddleton College | 12-11 |
| 14 | Daniel | Purcell | Menai T&F | 12-19 |
| 15 | Morgan |  Humphries | Deeside AC | 12-51 |
| 16 | Rhys | Jones | Wrexham AC | 12-54 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 4/8/10/15 | **37** | **1** | **N/A** | **N/A** |

**Under 11 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Forename** | **Surname** | **Club** | **Time** |
| 1 | Tasmin | Seguin | Menai T&F | 6-35 |
| 2 | Esyllt | Owen | Menai T&F | 6-47 |
| 3 | Katie | Doherty | Deeside AC | 6-54 |
| 4 | Holly | Worth | Menai T&F | 7-02 |
| 5 | Bethan | Roberts | Wrexham AC | 7-13 |
| 6 | Lili | McKenzie | Cadence Tri Club | 7-20 |
| 7 | Daisy | Jones | Deeside AC | 7-22 |
| 8 | Cati | Jones | Menai T&F | 7-36 |
| 9 | Gwen | Hayes | Deeside AC | 7-40 |
| 10 | Ella | Hayes | Deeside AC | 7-50 |
| 11 | Grace | Hughes | Wrexham AC | 8-25 |
| 12 | Nia | Denham | Deeside AC | 8-52 |
| 13 | Ruby | Watts | Cadence Tri Club | 8-56 |
| 14 | Fleur | Randles | Deeside AC | 9-19 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Menai T&F | 1/2/4/8 | **15** | **1** | **N/A** | **N/A** |
| Deeside AC | 3/7/9/10 | **29** | **2** | **N/A** | **N/A** |

A big thank you to Russell Godwin, and Crispin Backshall and all of the Colwyn Bay marshalls and volunteers who helped in difficult conditions to put on a great third North Wales Junior Cross Country League. It was fantastic to be back in Eirias Park and I have a few special memories of my own running on the fantastic course. However, I can never remember the conditions being as bad underfoot as they were today and all of the youngsters should be pleased with their performance. Again just short of 100 youngsters turned up and toughed out the conditions.

A couple of points to note for everyone:

* The finish line is not at the end of the funnel but at the start. The result is when you cross the line, not the end of the funnel.
* It is the athlete, coach/parent’s responsibility to check out the course. An athlete did go wrong on the day but had not checked out the course. The course was well marked out and there were marshalls in key places. It is unfair to berate volunteers when an athlete goes the wrong way.

Some fantastic racing, not least in the first race where Finlay Cullen, Maldwyn and Jacob Welsh were only separated by the thickness of a vest and there was also a very close race in the Under 11 Boys race with only 2 seconds between the first two, Finley Potter, Cadence Tri Club and Spencer Jones, Wrexham AC.

Medals will be given for the North Wales Championships at Wrexham but awards for the Junior League, including participation medals (for those completing 3 races) will be presented at the League AGM.

The next and final **Junior North Wales Cross Country League** also doubles up as the **North Wales Cross Country** Championships and will take place at Ysgol Morgan Llwyd, Cefn Road, Wrexham LL13 9NG on Saturday 5th March January 2022.

**PLEASE NOTE THAT THE TIMES FOR THE NORTH WALES CHAMPIONSHIPS ARE DIFFERENT** and are as detailed below:

11-00am - Under 11 Girls Approx 1 Mile (1 small Lap)

11-20am - Under 13 Girls/ Approx 1.5 Miles (1 big lap)

 Under 11 Boys

11-40am - Under 15 Girls/ Approx 2 Miles (2 small laps)

 Under 13 Boys

12-15pm - Under 17 Women/ Approx 3 Miles (2 big laps)

 Under 15 Boys

1-00pm - Under 20, Senior, Master Women Approx3.5 Miles (1small, 2 big laps)

 Under 17 Men

 65+ Men

2-00pm - Senior, Master Men/Under 20 Men Approx 5 Miles (4 big laps)

**PLEASE NOTE THAT ALL ATHLETES WILL BE ALLOCATED NUMBERS THAT CAN BE COLLECTED BEFOERE THE RACE.** Those Clubs who have competed in the Junior League there are no entry fees for their athletes. However please let me know if any athletes who have not to date ran in the league are going to do the Championships so that we can allocate a number in advance. All other athletes will have to pay the entry fee (£4 under 15’s; £8 all other athletes).

Bernie Jones

Secretary