**PYRAMID CONSULTING NORTH WALES JUNIOR CROSS COUNTRY LEAGUE**

At Dolgellau Saturday 20 January 2024

FINAL RESULTS 21/1/24

**Under 15 Boys**

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| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 128 | OSIAN PARRY | Menai T&F | 00:13:34 |
| 2 | 40 | ZAC CAMPBELL | Deeside AC | 00:13:59 |
| 3 | 130 | SION WILLIAMS | Menai T&F | 00:14:09 |
| 4 | 46 | ELIS MARTIN | Deeside AC | 00:15:11 |
| 5 | 42 | ALFIE EVANS | Deeside AC | 00:15:12 |

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| **Club** (4 to count) | **Race 3**  **Points** | **Total Race 3 Points** | **Race 3**  **Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 2, 4, 5, 7 | **18** | **1** | **61** | **1** |
| Menai T&F | 1, 3, 7, 7 | **18** | **2** | **90** | **2** |

**Under 15 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 45 | HEATHER WATSON | Deeside AC | 00:11:51 |
| 2 | 91 | MADISON HUGHES | Maldwyn Harriers | 00:11:58 |
| 3 | 178 | EVIE HUGHES | Wrexham AC | 00:14:27 |
| 4 | 167 | ELEANOR WHEELER | West Cheshire AC | 00:14:41 |
| 5 | 226 | ANGHARAD DAVIES | Ysgol Godrer y Berwyyn | 00:14:41 |
| 6 | 145 | ERIN WOOLCOCK | Oswestry Olympians | 00:14:42 |
| 7 | 85 | OLWEN BAINES | Eryri Harriers | 00:16:33 |
| 8 | 144 | JODIE ADDINALL | Oswestry Olympians | 00:17:00 |
| 9 | 143 | POPPY ASHWORTH | Oswestry Olympians | 00:17:07 |

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| **Club** (4 to count) | **Race 3**  **Points** | **Total Race 3 Points** | **Race 3**  **Position** | **Overall Points** | **Overall Position** |
| Deeside | 1, 10, 10, 10 | **31** | **1** | **76** | **1** |
| Maldwyn Harriers | 2, 10, 10, 10 | **32** | **2** | **121** | **2** |
| Oswestry Olympians | 6, 8, 9, 10 | **33** | **3** | **129** | **3** |
| Eryri Harriers | 7, 10, 10, 10 | **37** | **6** | **132** | **4** |
| West Cheshire | 4, 10, 10, 10 | **34** | **4** | **133** | **4** |
| Wrexham AC | 3, 10, 10, 10 | **33** | **3** | **N/A** | **N/A** |

**Under 13 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 34 | ELLIOT ROWE | Deeside AC | 00:11:47 |
| 2 | 58 | HENRY JONES | Denbigh Harriers | 00:12:18 |
| 3 | 27 | CASPER KISSANE | Deeside AC | 00:12:20 |
| 4 | 106 | PERRY MARSLAND | Menai T&F | 00:12:26 |
| 5 | 25 | FINLEY POTTER | Deeside AC | 00:12:57 |
| 6 | 114 | ELIS EARNSHAW | Menai T&F | 00:13:06 |
| 7 | 228 | OWEN HUGHES | Ysgol Godrer y Berwyn | 00:13:11 |
| 8 | 10 | FINLEY WILLIAMS | Colwyn Bay AC | 00:13:20 |
| 9 | 225 | EDRYD DAVIES | Ysgol Godrer y Berwyn | 00:13:42 |
| 10 | 112 | DANIEL PURCELL | Menai T&F | 00:13:44 |
| 11 | 30 | GEORGE HENDERSON | Deeside AC | 00:14:07 |
| 12 | 230 | TOM PARKINSON | Ysgol Godrer y Berwyn | 00:15:58 |
| 13 | 212 | CAIO SMITHIES | Ysgol y Idris | 00:17:18 |
| 14 | 213 | LLYR WILLIAMS | Ysgol y Idris | 00:18:06 |

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| **Club** (4 to count) | **Race 3**  **Points** | **Total Race 3 Points** | **Race 3**  **Position** | **Overall Points** | **Overall Position** |
| Deeside | 1, 3, 5, 11 | **20** | **1** | **70** | **1** |
| Menai T&F | 4, 6, 10, 15 | **35** | **2** | **104** | **2** |
| Denbigh Harriers | 2, 15, 15, 15 | **47** | **4** | **126** | **3** |
| Ysgol Godrer y Berwyn | 7, 9, 12, 15 | **43** | **3** | **N/A** | **N/A** |
| Colwyn Bay | 8, 15, 15, 15 | **53** | **5** | **N/A** | **N/A** |
| Ysgol y Idris | 13, 14, 15, 15 | **57** | **6** | **N/A** | **N/A** |

**Under 13 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 115 | MARTHA BOWN | Menai T&F | 00:07:10 |
| 2 | 117 | TAMSIN SEGUIN | Menai T&F | 00:07:29 |
| 3 | 160 | NIA MANSON | West Cheshire AC | 00:07:47 |
| 4 | 31 | DAISY JONES | Deeside AC | 00:08:04 |
| 5 | 110 | HOLLY WORTH | Menai T&F | 00:08:11 |
| 6 | 37 | RUBY WATTS | Deeside AC | 00:08:25 |
| 7 | 113 | ESYLLT OWEN | Menai T&F | 00:08:33 |
| 8 | 19 | ELIN EVANS | Colwyn Bay | 00:08:59 |
| 9 | 184 | LILY BAYMAN | Menai T&F | 00:09:11 |
| 10 | 209 | AVA SPARROW | Ysgol y Idris | 00:11:31 |

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| **Club** (4 to count) | **Race 3**  **Points** | **Total Race 3 Points** | **Race 3**  **Position** | **Overall Points** | **Overall Position** |
| Menai T&F | 1, 2, 5, 7 | **15** | **1** | **46** | **1** |
| Deeside AC | 4, 6, 11, 11 | **29** | **2** | **99** | **2** |
| West Cheshire | 3, 11, 11, 11 | **36** | **3** | **153** | **3** |
| Colwyn Bay | 8, 11, 11, 11 | **41** | **4** | **168** | **4** |
| Ysgol y Idris | 10, 11, 11, 11 | **43** | **5** | **N/A** | **N/A** |

**Under 11 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 16 | ISACC MARTIN | Deeside AC | 00:07:17 |
| 2 | 193 | JACOB PRICE | Menai T&F | 00:07:57 |
| 3 | 132 | JOSEPH BARLOW | Oswestry Olympians | 00:08:10 |
| 4 | 154 | JACK ARNOLD | West Cheshire AC | 00:08:13 |
| 5 | 104 | MORGAN EDWARDS | Menai T&F | 00:08:15 |
| 6 | 55 | IFAN WOOD | Denbigh Harriers | 00:08:19 |
| 7 | 136 | JAMIE ASHWORTH | Oswestry Olympians | 00:08:57 |
| 8 | 17 | TOBY JONES | Deeside AC | 00:09:03 |
| 9 | 15 | LUCA KEVAN | Deeside AC | 00:09:32 |

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| **Club** (4 to count) | **Race 3**  **Points** | **Total Race 3 Points** | **Race 3**  **Position** | **Overall Points** | **Overall Position** |
| Menai T&F | 2, 5, 10, 10 | **27** | **1** | **87** | **1** |
| Deeside AC | 1, 8, 9, 10 | **28** | **2** | **95** | **2** |
| Oswestry Olympians | 3, 7, 10, 10 | **30** | **3** | **135** | **3** |
| Denbigh Harriers | 6, 10, 10, 10 | **36** | **5** | **148** | **4** |
| West Cheshire | 4, 10, 10, 10 | **34** | **4** | **152** | **5** |

**Under 11 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 158 | POPPY MCKENNA | West Cheshire AC | 00:07:50 |
| 2 | 22 | ELLA HAYES | Deeside AC | 00:08:01 |
| 3 | 185 | KAMRYN POMERLEAU | Menai T&F | 00:08:17 |
| 4 | 159 | HEIDI WETHERALL | West Cheshire AC | 00:08:36 |
| 5 | 97 | LAUREN COOKE | Menai T&F | 00:08:46 |
| 6 | 94 | HEIDI WORTH | Menai T&F | 00:09:20 |
| 7 | 201 | SARA LLOYD | Maldwyn Harriers | 00:10:03 |

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| **Club** (4 to count) | **Race 3**  **Points** | **Total Race 3 Points** | **Race 3**  **Position** | **Overall Points** | **Overall Position** |
| Menai T&F | 3, 5, 6, 8 | **22** | **2** | **76** | **1** |
| Deeside AC | 2, 8, 8, 8 | **26** | **3** | **86** | **2** |
| West Cheshire | 1, 4, 8, 8 | **21** | **1** | **125** | **3** |
| Maldwyn | 7, 8, 8, 8 | **31** | **4** | **N/A** | **N/A** |

Firstly a big thank you, to Tom Roberts and all their volunteers, helpers and officials for putting on a great course. It’s great to be in Dolgellau for the first time for the Junior League giving the youngsters from Meirionnydd the opportunity to compete and hopefully help boost the club’s attempt to develop a junior section. The youngsters definitely had the worse of the conditions with strong winds and persistent rain and they should all be very proud of their performances.

As we go into the final fixture at Oswestry, its Deeside and Menai T&F who are leading the way in the team races. Remember individually athletes have to compete in 3 of the 4 fixtures to get a participation medal nd to score in the overall individual series.

The final Pyramid Consulting Junior North Wales Cross Country League fixture is as usual at the Marches School, Oswestry, [SY11 2AP](http://www.multimap.com/maps/?qs=SY11+2AP&countryCode=GB) on Saturday 10th February 2024.

Please can clubs ensure that all of the perpetual trophies are returned to the clubhouse BEFORE the race. We will try to produce the results as quickly as possible after the two races but as usual Oswestry will have their fantastic array of cakes to keep you occupied whilst we sort the results out

**Bernie Jones**

**Secretary/Referee**